

Shapleigh Recreation Committee Proposal

“Spring Sports Mini Sessions”

Point of Contact: Samantha Rodriguez (Chair), 207-608-5577, shapleighrecreation@gmail.com

Event Name: Spring Sports Mini Sessions

Event Date: Wednesday May 12, 2021 – Wednesday June 16, 2021 (6 weeks)

Event Time: 5:30 – 6:00PM

Event Location: Route 11 Soccer Field

DETAILS:

Shapleigh athletes (PK-5) will have an opportunity to participate in a 6 week “Sports Mini Sessions”. There will be three sessions, each 2 weeks long where the athlete may choose which sports they would like to participate in. Session I will be May 12 & May 19; Session II will be May 26 & June 2; Session III will be June 9 & 16. Athletes will register with their “Sports Wish List” (see attached) and Committee members will then place athletes in the respective session. The following sports will be offered: Soccer; Baseball/T-Ball/Softball; Cheerleading; Field Hockey; Flag Football; Basketball

Registration will be \$20 for the first child / \$10 per sibling. No child will be turned away due to lack of financing; Shapleigh Recreation will sponsor those that need it. If a parent volunteers to coach the full 6-week season, the registration fee will be waived for a single athlete; 50% off registration for coaching a single session. Registration paperwork can be picked up at Town Hall or accessed through the Shapleigh Recreation Facebook page. Registration ENDS on Friday April 23, 2021 at midnight to ensure SRC members have ample time to go through and put the “teams” together for each session.

Volunteer Coaches have the option of coaching a single session (2-week commitment) or the full 6-week program. All volunteers will have background checks completed prior to the start of the first session (May 12, 2021). All coaches will also receive a “Coaching Booklet” that has specific Skills & Drills for the respective sport as well as other ideas and activities for athletes to take part in during the practice.

COVID-19 PROTOCOLS:

- Intensifying cleaning and disinfection of premises by cleaning and disinfecting frequently touched surfaces on the field between use (as feasible), cleaning and disinfecting shared objects and equipment between use, and ensuring safe and correct use and storage of disinfectants.
- Reducing physical closeness or contact between players when possible by allowing players to focus on building individual skills (like dribbling or kicking), keeping children in small groups, putting signs and cones on the playing fields to ensure that coaches and players stay 6 feet apart, discouraging unnecessary physical contact (such as high-fives, handshakes, fist bumps, and hugs).
- Promoting healthy hygiene practices such as providing hand sanitizer before and after practices and in between uses as necessary, encouraging athletes to cover coughs and sneezes with a tissue or to use the inside of their elbow, and reminding them to not spit.
- Requesting that coaches, players, parents, and spectators WILL wear a cloth face covering during practices. As a reminder, cloth face coverings should not be placed on young children younger than 2 years of age, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the cover without assistance.
- Anyone who is sick or has been in contact with someone who has COVID-19— including players, family members, coaches, and spectators — should not attend practices. Be on the lookout for symptoms of COVID-19, which include fever, cough, or shortness of breath. Call your doctor if you think you or a family member is sick.

Shapleigh Recreation
Spring Sports Mini Sessions
Wednesday Nights May 12 – June 16, 2021 5:30PM

Participant Registration Information

Please make checks payable to:
Town of Shapleigh
Ref: Shapleigh Recreation

PRICE: \$20 / child | \$10 / additional child

Please contact Shapleigh Recreation for scholarship opportunities if needed!

Child's Full Name: _____ Age: _____ Birthdate: _____

Medical Conditions: _____

Address: _____

Parent/Guardian: _____ Cell Phone # _____

Address: _____ Email: _____

Emergency Information:

Doctor's Name: _____ Phone #: _____

Emergency Contact: _____ Phone #: _____

Registration Guidelines (Please initial):

- _____ A parent/guardian must be present at all practices and games. If a child is left unsupervised the Program Director has the ability to remove the child from the team.
- _____ I have provided the information above and have noted any physical or medical conditions that might affect my child's participation on a team.
- _____ I assume all risks normally incidental of this activity, including risks that are not specifically foreseeable.
- _____ I, the undersigned hereby agree to release, indemnify, and hold harmless Shapleigh Recreation and the Town of Shapleigh, Maine, its members, representatives, coaches and volunteers from any liability, actions, which may arise by or in connection with my child's participation in any activity.

COVID-19 Guidelines:

- _____ Participants will not attend practice if they are feeling ill or sick including a fever of over 100.4 F.
- _____ Participants will bring their own water bottle and keep it with their parents/guardians for water breaks.
- _____ Participants will bring their own equipment (see next page) and will keep social distance while on the field participating.
- _____ Participants will sanitize their hands before entering the field.
- _____ Parents/guardians will not be allowed to sit on the bleachers and will keep 6 feet distance from other parties.

I have read and adhere to all guidelines listed above:

Parent/Guardian Signature: _____ Date: _____

Photography Release and Consent:

I _____ DO/DO NOT authorize consent to the photographing and/or video taping of my child named below. I understand that these photographs and videos may be used in reference only for promotion, publicity, or recognition purposes of the Shapleigh Recreation Committee.

Shapleigh Recreation Spring Sports Mini Sessions Wish List

22 Back Road • Shapleigh, Maine 04076 • shapleighrecreation@gmail.com

Practices will be every Wednesday night 5:30-6:00PM May 12 – June 16, 2021

Players Name: _____
Age: _____ Grade: _____

Directions: Select which sports you would like to try by numbering 1 – 6

	(most wanted)					(least wanted)	
SOCCER	1	2	3	4	5	6	not interested
BASEBALL*	1	2	3	4	5	6	not interested
BASKETBALL	1	2	3	4	5	6	not interested
FIELD HOCKEY**	1	2	3	4	5	6	not interested
FLAG FOOTBALL	1	2	3	4	5	6	not interested
CHEERLEADING	1	2	3	4	5	6	not interested

For example: Soccer is the most wanted, so that would be a 1. Cheer is least wanted so that would be a 6!

EQUIPMENT:

Optional: mouth guard & shin guards

*Required: Baseball glove

**Required: Field Hockey stick, goggles, mouth guard & shin guards

Parents/Guardians:

Are you interested in volunteering as a coach? YES NO

Which sport(s): _____ Dates: May 12 & 19 May 26 & June 2 June 9 & 16

Phone #: _____ Email: _____

Volunteering as a coach for one session will result in a 50% discount on the registration fee for a single athlete; volunteering for all three sessions will result in the registration fee being waived for a single athlete.

All coaches will receive an instructional booklet with skills, drills, and activities for their respective sport!

**22 BACK ROAD • SHAPLEIGH, MAINE 04076 • shapleighrecreation@gmail.com
WWW.SHAPLEIGH.NET**